

LITURGICAL TIMETABLE FOR COMING WEEK

Saturday 8th December <i>Vigil of 2nd Sunday of Advent</i>	4.15pm 5.00pm	<i>St Peter in Chains</i> St Peter in Chains	<i>Confessions</i> Holy Mass	<i>Mary Harding</i> RIP
Sunday 9th December <i>Second Sunday of Advent (C)</i>	9.30am 11.30am 4.00pm 4.30pm 5.00pm	Ss John & Columba's Our Lady of Lourdes <i>Our Lady of Lourdes</i> <i>Our Lady of Lourdes</i> Our Lady of Lourdes	Holy Mass Holy Mass <i>Exposition</i> <i>Vespers</i> Holy Mass	<i>Christine Milligan</i> RIP <i>Pro Populo</i> <i>Donors Intention</i>
Tuesday 11th December <i>2nd Week of Advent</i>	6.00pm 6.15pm 6.30pm	<i>Ss John & Columba's</i> <i>Ss John & Columba's</i> <i>Ss John & Columba's</i>	<i>Exposition</i> <i>Vespers</i> <i>Communion service</i>	
Wednesday 12th Dec <i>2nd Week of Advent</i>	10.00am	St Peter in Chains	NO MASS	
Thursday 13th Dec <i>Memorial of St Lucy</i>	6.00pm 6.15pm 6.30pm 7.00pm	<i>Our Lady of Lourdes</i> <i>Our Lady of Lourdes</i> <i>Our Lady of Lourdes</i> Our Lady of Lourdes	<i>Exposition</i> <i>Vespers</i> <i>Confessions</i> Holy Mass	<i>Anne Wilson</i> RIP
Friday 14th Dec <i>Mem of St John of the Cross</i>	10.00am	St Peter in Chains	NO MASS	
Saturday 15th December <i>Vigil of 3rd Sun of Advent</i>	4.15pm 5.00pm	<i>St Peter in Chains</i> St Peter in Chains	<i>Confessions</i> Holy Mass	<i>Kevin McBride</i> RIP
Sunday 16th December <i>Third Sunday of Advent (C)</i>	9.30am 11.30am 4.00pm 4.30pm 5.00pm	Ss John & Columba's Our Lady of Lourdes <i>Our Lady of Lourdes</i> <i>Our Lady of Lourdes</i> Our Lady of Lourdes	Holy Mass Holy Mass <i>Exposition</i> <i>Vespers</i> Holy Mass	<i>Pro Populo</i> <i>Brian Carr</i> RIP <i>Georgette Conte</i> RIP



Prayer to Saint Michael

St Michael the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and the snares of the devil. May God rebuke him, we humbly pray, and do thou, O prince of the heavenly hosts, by the power of God, cast into hell Satan, and all the evil spirits who prowl throughout the world seeking the ruin of souls. Amen

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Most Holy Trinity is a parish of the Archdiocese of St Andrews & Edinburgh.
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THE CATHOLIC PARISH OF
THE MOST HOLY TRINITY



SECOND SUNDAY OF ADVENT (C/1)

9th December 2018

PARISH COMMUNICATIONS

Parish Priest: Rev Fr Kevin A. Dow

Parish Deacons: Rev Mr Damian Murray

Rev Mr Pat Carrigan

The Parish Office, 67 Aberdour Road, Dunfermline. KY11 4QZ
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The Gospel text of the second Sunday of Advent speaks to us of John the Baptist, prophet, in the desert preparing the way for the Lord. For centuries, people were living in expectation of the coming of the Messiah, and the ever more burdensome Roman occupation increased the desire for the coming of the Liberator, the Saviour. The presence of John in the desert was a sign that God was once more visiting His people. Redemption was close at hand!

St Luke is careful to place the coming of John the Baptist within the socio-political and religious context of the time. On the socio-political level, Pilate was governor of Judea, Herod governor of Galilee, and Annas and Caiaphas were the high priests. Then, using a biblical text, Luke places John within the religious context of God's plan and says that he came to prepare the realization of the secular hopes of the Messiah's coming.

How are you preparing to welcome your God?

Response to the Psalm:

What marvels the Lord worked for us! Indeed we were glad.

Gospel Acclamation:

Alleluia!

*Prepare a way for the Lord, make his paths straight,
and all mankind shall see the salvation of God.*

NEWS & EVENTS

Please remember in your prayers the sick and infirm

Maureen McLeod, James Morris, Elaine McCormick, Sandra Graham, Ester Wren, Daniel Cornet, Margaret Burns, Catherine Kane, Madge & David Speed, Mairead McKenzie, Ann-Marie Bevan, Patricia Phee, Pat Busby, Angie Kempson, Marjory Curie, Margaret Barratt, Margaret Lynch, Theresa Murphy, and Elizabeth McVay
Our Lady, Mother of the sick—pray for them

Of your charity, please pray for the recently deceased

Parish Safeguarding Officers

Maureen Ritchie & Patricia Watt (PiC); Lisa Quinn (J&C); Jane Imrie & Margaret Hall (OLOL)

Baptisms & Marriages

Arrangements for weddings (for which six months notice is required) and Baptisms should be made by appointment with one of the clergy.

Sacrament of the Sick / Hospital Visitations

Those who require the Sacrament of the Sick at home should contact the Parish Office to arrange for Fr. Dow to visit. The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. The Catholic Chaplain to the Victoria Hospital is Fr Gowans of St Marie's Kirkcaldy (Tel: 01592 592111). In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain (*emergency cover is provided by the various priests in Fife*) please request this from the nursing staff at the hospital. For patients in Queen Margaret Hospital please contact Fr Chris Heenan at St Margaret's (625611)
Please note that a patient/family request must be made before the clergy can visit.

Names for sick list

Names can only be added by the person themselves or by a member of the family.
Please advise the Parish Office of any name to be added or removed.

Mass Intentions

Please try to have any intention that is required to be said on a particular date in a month before hand. *On occasion when a funeral takes place, the stated intention will be moved to the next available date.*

Hall Bookings

Please contact (*for St Peter's Hall*) Mrs Pat Reid on 417214 or Mary Irvine at the Parish Office (*for Our Lady of Lourdes Hall*) for availability.

Church	Gift Aid	Loose monies	Stand Orders	Total
St Peter in Chains	£205.50	£165.76	£121.00	£492.26
Ss John & Columba's	£36.00	£107.40	£372.00	£515.40
Our Lady of Lourdes	£341.45	£371.26	£29.75	£742.46

Thank you for your generosity

Welcome: If you are a visitor to the parishes, we want you to know how welcome you are – whether you have come from another part of the country, from across the world or simply from another parish.

Ladies Group Christmas Raffle: tickets on sale after Masses.

SSVP Raffle SSJ&C/StPiC: Many thanks to all who donated towards our Christmas Raffle. The grand total of £415.00 was raised. A list of winners will be displayed at the back of both Churches. Thank you, Elaine and Isobel. *"Serving In Hope"*

OLOL-SSVP: the project of collecting warm clothing and non perishable food for homeless people and also collecting food for Christmas parcels is still on going. Boxes are in the church porch. *Thank you*

Advent reflection: On Thursday 13 December after 7pm Mass at OLOL with teas and coffees served in the wee room at the parish hall. *Parishioners from all churches welcome.*

Present Sunday: 16th December. If you would like to donate a present that will be passed on to someone in need, please buy it, gift wrap it and on the label write what gender and age it would be suitable for, and leave in the box provided in the porch of the churches. *Many thanks*

Advent Thoughts: Advent is short and quick so keeping a balance between the spiritual and the secular will require a little planning on our part. Start by making a list of everything that needs to be done. Then block into your diary or calendar or mobile specific times every day for personal prayer, spiritual reading and reflection.

As you move through Advent you will begin to relish those quiet moments in your day. They will become like a spiritual port in a secular storm. The prayer time will restore your spirit. The spiritual insights will help to

keep you focused. You may like it so much that you'll decide to carry over into the New Year the practice of setting aside daily quiet time with God.

Here are some simple ways to incorporate traditional Advent practices into your busy schedule:

Reflect on Advent as a time of waiting The idea of waiting is not popular in our culture of instant gratification, but it creates in us a new kind of self-discipline that helps us to appreciate the present moment and look to the future with peaceful anticipation.

Turn your breathing into a prayer Take a few deep breaths throughout the day and imagine that God's love is flowing through you to every part of your body. As you exhale, let go of tension, worry and anything else that is not of God.

Long for the Lord Make it a habit of silently praying, "Come, Lord Jesus."

Unite with Mary Set aside time once a day to join Our Lady in praying the Cantic of Mary (see Lk 1:46-55).

Do something nice for someone every day It might be an encouraging word, a phone call, a note of appreciation or a little act of kindness.

Get rid of grudges Use Advent as an opportunity to let go of any anger or resentment that you might be holding onto. Don't listen or spread gossip.

Pray for patience If you find yourself becoming anxious or upset, ask the Lord for the gift of patience. Then make a conscious effort to be a more patient person.

Offer up something painful or difficult in your life The best way to transform trials and tensions is to turn them into a prayer.

Receive the Sacrament of Reconciliation